



The Barn Nursery and Preschool

Health and Hygiene Policy

The setting believes health and hygiene is of paramount importance. We seek advice from PHE South London Health Protection Team (tel: 0344 326 2052, out of hours: 0344 326 2052, phe.slhpt@nhs.net) to ensure we keep up-to-date with the latest requirements.

To ensure the environment is welcoming and to avoid risks, the following health procedures will be implemented at all times:

- No smoking on and around the immediate premises.
- Activities provided for the children will take into account children's health, dietary and physical needs.
- We will raise children's awareness of good hygiene practice and healthy living, through routines, role modelling, stories and visual prompts.
- Tissues and wipes will be provided at all times.
- Paper towels are provided at all times for drying hands.
- Thorough hand washing by all children and adults with liquid soap and running water (20 seconds) before eating and after messy play.
- We have a daily cleaning routine for the setting/premises which includes all rooms.
- We have a schedule for cleaning resources and equipment, dressing up clothes and furnishings. If an outbreak of an infectious disease occurred, we would ensure that all resources are cleaned/sterilised immediately and thoroughly.
- The toilet/washbasin area is regularly checked throughout the day to ensure it is clean and tidy and the floor mopped as necessary.
- Sandpit will be inspected and covered to prevent animals soiling it.
- Sand will be cleaned, disinfected and changed on a regular basis.
- Hygiene precautions for dealing with bodily fluids are the same for all children and adults.
- Disposable gloves and aprons will be used when changing nappies, pants and clothing that are soiled with blood, urine, faeces or vomit. Soiled clothing is bagged for parents to collect. Spillages are cleaned using a mild disinfectant solution. Soiled nappies and cloths will be double bagged and disposed of in the rubbish bins outside the premises. All furniture, toys and resources that have been infected will be cleaned with disinfectant.
- Parents are required to keep children at home if their children have an infectious disease, and for 48 hours after the last bout of vomiting or diarrhoea.
- Parents will be kept informed of any infectious disease or any childhood illnesses that may affect other children or parents. A notice will be posted on the front door.

This policy was adopted by

The Barn Nursery

On

5th September 2021

Date to be reviewed

September 2022

Signed on behalf of the provider

Name of signatory

Role of signatory (e.g. chair, director or owner)

